



**7-8 November 2025**

**PAPER PRESENTATIONS**

**08.11.2025**

**Sport Psychology Section**

**Co-organizer - National University of Physical  
Education and Sports**

**Chair – Radu Predoiu, PhD. (National University of Physical  
Education and Sports Bucharest, Romania)**

<b>1</b>	Adrian MOLDOVAN, István FÁBIÁN	<b>PROJECT MAXIMUS: FROM HISTORY TO PERFORMANCE PSYCHOLOGY – ROMAN MILITARY MODELS AND APPLIED FRAMEWORKS FOR MENTAL PREPARATION IN SPORT</b>	11.00-11.15
<b>2</b>	Alexandra PREDOIU, Alin Mihăiță SĂFTEL, Alessandro QUARTIROLI, Kristine MARTINSONE, Alina Daniela MOANȚĂ	<b>AN ANALYTICAL APPROACH TO TEMPERAMENT TYPES IN BASKETBALL COACHES</b>	11.15-11.30
<b>3</b>	Andrei ANTONESCU, Alina ABABEI, Monica STĂNESCU	<b>MOTIVATION AS A LIMITING FACTOR IN SCHOOL PHYSICAL EDUCATION: CHALLENGES AND APPROACHES</b>	11.30-11.45
<b>4</b>	Georgeta PÂNIȘOARĂ, Ider Nicolae ȘTEFAN, Andreea ȘIȚOIU	<b>AN INTEGRATIVE FRAMEWORK OF PSYCHOLOGICAL DETERMINANTS IN ELITE SPORT PERFORMANCE:</b>	11.45-12.00

		<b>RESILIENCE, SELF-EFFICACY, AND MOTIVATIONAL DYNAMICS</b>	
<b>5</b>	Ryszard MAKAROWSKI, Andrzej PIOTROWSKI, Maurizio BERTOLLO, Selenia di FRONSO, Zermena VAZNE, Radu PREDOIU	<b>EXPERIENCED STRESS AMONG WINTER SWIMMERS AND MARTIAL ARTS ATHLETES IN POLAND, ITALY, LATVIA AND ROMANIA</b>	12.00-12.15
<b>6</b>	Călina IUȘAN	<b>THE IMPLICATIONS OF TEAM-BUILDING ACTIVITIES IN THE DEVELOPMENT OF INTERPERSONAL RELATIONSHIPS</b>	12.15-12.30
<b>7</b>	Alexandra DUMITRACHE, Monica STĂNESCU, Georgiana MITRACHE	<b>STUDY ON THE INFLUENCE OF STREETBALL ON THE EMOTIONAL INTELLIGENCE OF MIDDLE SCHOOL STUDENTS</b>	12.30-12.45
<b>8</b>	Ionuț PATENTEU, Rafal LAWENDOWSKI, Katrina VOLGEMUTE, Andrei ANASTASESCU, Mathias ALBERTON	<b>THE RELATIONSHIP BETWEEN PSYCHOLOGICAL RESILIENCE, AGGRESSION, AND INJURY PREVENTION IN MARTIAL ARTS</b>	12.45-13.00
<b>9</b>	Allice Nela DINU	<b>PERSONALITY FACTORS AS PREDICTORS OF ACHIEVEMENT MOTIVATION AMONG VOLLEYBALL PLAYERS</b>	13.30-13.45
<b>10</b>	Dorina Maria NIJLOVEANU, Vlad POPA, Estera Andrada ROȘU	<b>THE RELATIONSHIP BETWEEN MENTAL HEALTH AND EMOTIONAL STATES IN CHILDREN AND ADOLESCENTS: A COMPARATIVE STUDY BETWEEN THOSE WHO PRACTICE SPORTS AND THOSE WHO DO NOT</b>	13.45-14.00
<b>11</b>	Mathias ALBERTON	<b>THE ATHLETE NEEDS ASSESSMENT PLAN (ANAP): A THREE-COMPONENT, SEVEN-SESSION FRAMEWORK FOR SUPPORTING YOUNG</b>	14.00-14.15

		<b>ATHLETES' SELF-UNDERSTANDING AND DEVELOPMENT</b>	
<b>12</b>	Cătălin STANCIU	<b>PSYCHOLOGICAL CHARACTERISTICS OF HIGH-PERFORMANCE MOTORSPORT DRIVERS WITH LOCOMOTOR DISABILITIES: A CASE STUDY</b>	14.15-14.30
<b>13</b>	Radu PREDOIU, Marcin SZULC, Herli PARDILLA, Mihai Valentin CIOLACU, Germina COSMA	<b>SPORTS COACHES' INVOLVEMENT IN THEIR PROFESSIONAL DEVELOPMENT IS ASSOCIATED WITH A HIGHER LEVEL OF AUTOMATIC AGGRESSION</b>	14.30-14.45